

## SHCP LC WORKSHOPS Explore More with Us!

# Presents Healing Crystal Gemstones **October 20th, 2022**





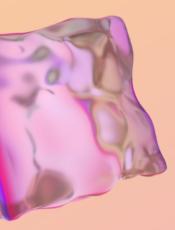


# Agenda

- HISTORY OF CRYSTALS
- CRYSTALS IN THE ANCIENT WORLD
- QUARTZ
- AMETHYST
- CITRINE
- BLACK TOURMALINE
- TURQUOISE
- CLEAN & CARE
- CELEBRITIES WEARING CRYSTALS



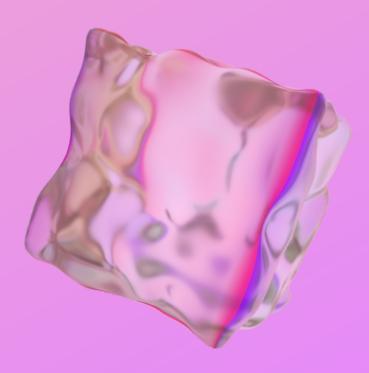
#### **HISTORY OF CRYSTALS**



- The word crystal comes from the Greek word "krýstallos"
- Some crystals occur naturally on earth, while others form under controlled condition known as "lab created" stones
- The earliest use of crystals were magical or medicinal
- Humans established specific healing crystal meanings and astrologers in the ancient world started recording these observations
- These astrological works, dating to as early as 400 BCE, noted that wearing amulets of certain gems would protect them from particular effects

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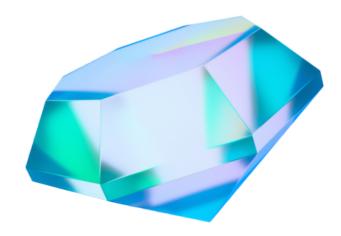
### **CRYSTALS IN THE ANCIENT WORLD**

- The traditions which have the most significant effect on using crystals in the modern age come from Ancient Egypt, Mesopotamia, India, and Greece
- Ancients believed that clear quartz froze so thoroughly that the effect was permanent
- Greeks had numerous specialized amulets for protection at sea. Aquamarine as one of them









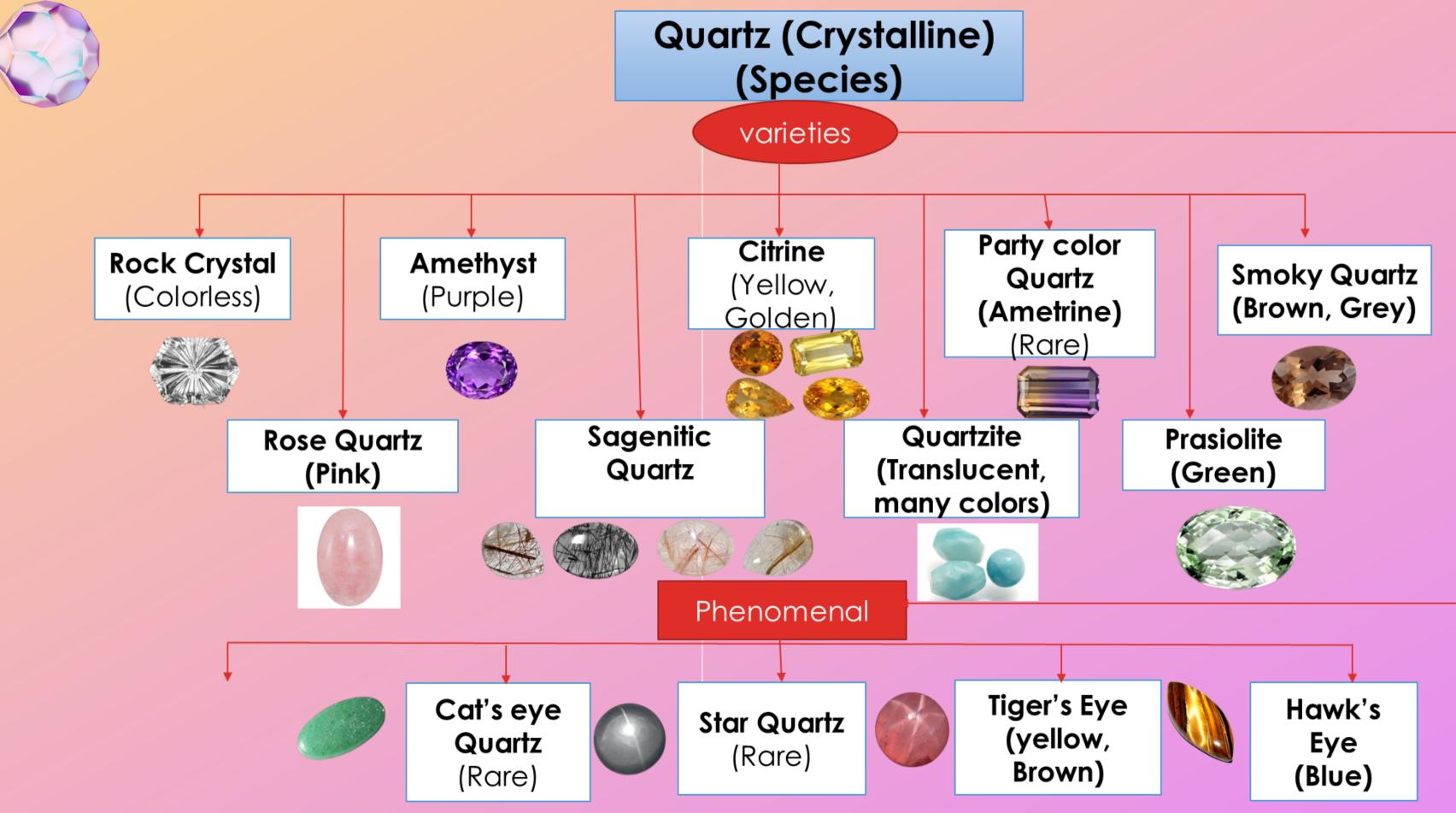
#### QUARTZ

- Quartz is one of the most common minerals on the planet
- Different colored quartz varieties are made when it contains trace elements, such as purple amethyst, yellow citrine, or green prasiolite
- Quartz is also piezoelectric which means it can develop an electric charge under mechanical stress
- It aids our connection with the divine and lead us to higher consciousness while balancing energy and improving concentration

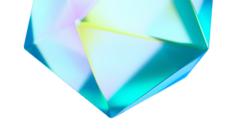
#### **ROSE QUARTZ**

- The gem gets its name from its delicate pink color which ranges from very light to medium-dark tones
- Rose quartz beads dating back to 7000 BC have been found in the area once known as Mesopotamia
- The Assyrians and Romans are known to have been among the first to use this stone
- Rose quartz can enhance feelings of compassion, kindness, and love. It is a terrific token of self-love, especially when healing emotional wounds







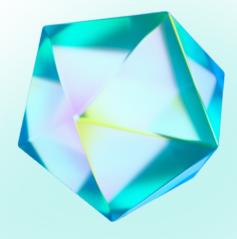


#### AMETHYST

- The word amethyst comes from a Greek root, amethystos, which comes from the prefix a-, meaning "not," and methyein "to be drunk"
- Amethyst is said to help aid intuition, such as interpreting dreams or hidden meanings in the world around us
- It indicated royalty in ancient times, simply because many royal families wore it







#### CITRINE

- The name "citrine" replaced the standard name of "yellow quartz"
- The name is derived from the Latin word citrus, which means "citron", a fruit closely related to the lemon for its color
- Its attractive color, plus the durability and affordability it shares with most other quartzes, makes it the top-selling yellow-to-orange gem
- For centuries believers have espoused its properties to enhance prosperity and self-esteem







#### **BLACK TOURMALINE**

- The name comes from a village in Saxony, Germany, (now called Zschorlau) near a mine with black tourmaline deposits
- Tourmaline is from the Sinhalese word turamali, meaning "mixedcolored stones"
- It's the name of a large group of boron silicate minerals
- Black Tourmaline is said to keep negative energy at bay and this glossy black gem is one of the most common tourmalines



#### TURQUOISE

- The name turquoise comes from the French word, Turquoise, meaning "Turkish", since it arrived in Europe through Turkey, originating in Iran
- It has been mined in Iran for over 3,000 years
- Turquoise is said to promote luck, prosperity, and personal power
- It has been used for thousands of years for jewelry by the Ancient Egyptians, who buried fine pieces with mummies







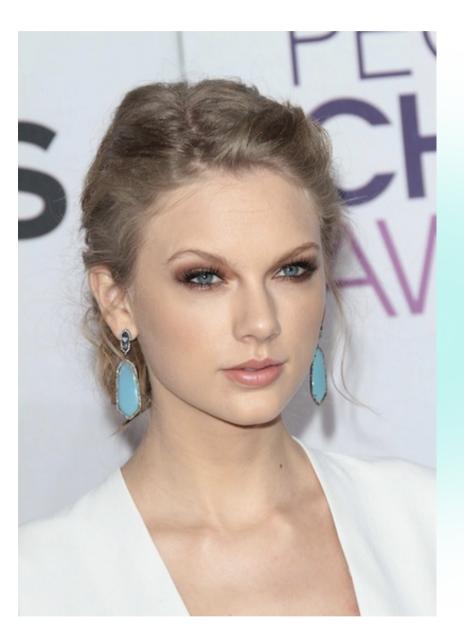
#### **CLEANING & CARE**

- Quartz can be cleaned with a mild detergent, water and a soft cloth or paper towel
- Rinse and dry thoroughly
- Abrasive cleansers or harsh scouring pads and cleansers that contain bleach should not be used with quartz
- Clean turquoise jewelry with warm, soapy water, but it should never be cleaned with steam or ultrasonic cleaners
- Heat or solvents can damage the treated surfaces



#### **CELEBRITIES WEARING CRYSTALS**





Katy Perry at the Purr launch show with her beautiful amethyst necklace Taylor Swift in her Ralph Lauren gown with a pair of statement turquoise earrings by Sutra



Adele wearing Citrine which promotes luck, focus and good fortune

#### **WHAT WE CARRY**







7198776 **KARIS Amethyst Bracelet in Platinum Bond** 

2942655 SANTA FE Style Kingman Turquoise Swirl Earrings in Sterling Silver

3126399 **Brazilian Citrine and** Simulated Red and Yellow **Diamond Earrings** 







3517320 Australian Black Tourmaline Pendant Necklace 20 Inches in Stainless Steel

# Thank you for joining us!

